



OUR SERVICES

- In-person and virtual access to mental health professionals nationwide.
- A diverse team of licensed therapists, trauma-informed counselors, yoga teachers, and coaches specializing in addressing PTSD, incarceration, grief, trauma, and adversity.
- Spanish-speaking therapists and teachers.
- A user-friendly app offering live-streamed meditation and coaching classes, as well as pre-recorded courses tailored to trauma and PTSD.
- Collaborations with influential voices. Since 2017, we've partnered with influential voices like T-Pain, Taraji P. Henson, Mario, Vic Mensa, and more, enhancing our impact with prisons, nonprofits, and events.



OUR MISSION/ABOUT US

Mindful Staffing Solutions is a nationwide collective of mental health professionals, including licensed therapists, counselors, coaches, and yoga teachers, dedicated to serving veterans, individuals affected by PTSD, victims of crime, trauma survivors, and those confronting adversity. Our services are available in-person, virtually and through our app, ensuring accessible support for those in need.

We are committed to creating awareness of the impact of trauma on the cycle of homelessness, incarceration and adversity. We aim to challenge stigma, advocate for early intervention, and promote healing strategies that are inclusive.

WHY CHOOSE US?

- **Licensed Mental Health Professionals:**
 - At **Mindful Staffing Solutions**, our therapists are licensed, and our coaching team boasts prestigious certifications. These include qualifications from the School of Radical Healing, Victims Services Practitioner Designation by the Florida Crime Prevention Training Institute, E-RYT accreditation from the US Yoga Alliance, and Chartered Management Institute for Coaching (CMI) recognition.
- **Experience with trauma:**
 - Our team has extensive trauma-informed experience, including as a yoga teacher for PTSD at The United States Department of Veterans Affairs (VA), mindfulness coach at Rikers Island Correctional Facility, as a chapter coordinator for Crime Survivors for Safety and Justice, and as a Peer Victim Advocate Specialist for the VOCA Trauma Recovery Network.
- **Om At Home App:**
 - We offer a user-friendly app that gives clients access to live-streamed mindfulness and meditation classes and on-demand content 24/7. What sets us apart is our ability to offer Om At Home as a valuable component of trauma treatment. With the **Om At Home app**, mindfulness exercises specifically designed to help with symptoms of trauma are readily accessible whenever needed, ensuring comprehensive support for those on their healing journey.

KEY ACCOMPLISHMENTS BY OUR TEAM

- Recognized for Outreach & Education by Memorial Regional Hospital's Division of Trauma Services in FL
- Active member of FL District 23 Gun Violence Task Force
- Featured in Forbes about **Mindful Staffing Solutions**, with quotes from Congresswomen Jehan Gordon-Booth and artist Finesse2Tymes
- Engaged in speaking engagements with the CMO of Blue Cross Blue Shield of Illinois, CEO of the Sandy Hook Foundation, and Congresswoman Robin Kelly
- Collaborated with the City of Miami Police Dept "Stop The Gun Violence, Stop The Pain" initiative
- Served as a featured panelist on mental health at the Congressional Black Caucus convention in 2023
- Received the PeopleMatter Service Award

PAST PEFORMANCE

- 7-year contract with The Alliance for Safety and Justice
- Orchestrated activations with Crime Survivors for Safety and Justice
- Contract with REFORM Alliance.
- Mindfulness coach at Rikers Island Prison
- Yoga and meditation teacher for PTSD at The United States Department of Veterans Affairs (VA)

COMPANY SNAPSHOT

- **Business Name:** Mindful Staffing Solutions
- **Business Address:** 6538 Collins Ave #344
Miami Beach, FL 33141
- **UEI:** FZ9TKUKE6YE3
- **Cage Code:** 9K6E8
- **Point of Contact:** Tiffany Kumar
- **Phone:** 917-478-4099
- **Email:** Hello@omathomeapp.com
- **Web:** www.mindfulstaffingsolutions.com / omathomeapp.com

NAICS CODES

- 923120:** Administration of Public Health Programs
- 561320:** Temporary Help Services
- 624310:** Vocational Rehabilitation Services
- 621410:** Family Planning Centers
- 611710:** Educational Support Services
- 561990:** All Other Support Services
- 611699:** All Other Miscellaneous Schools and Instruction
- 621420:** Outpatient Mental Health and Substance Abuse Centers
- 621610:** Home Health Care Services
- 621330:** Offices of Mental Health Practitioners (except Physicians)
- 624190:** Other Individual and Family Services

PSC CODE

- **7E21**
- **DA10**

